



2009-2010 Season

PATS PEAK SKI CLUB

Junior Alpine Race Training Program

PO Box 698, Henniker, NH 03242 • 603-428-3245 or 603-487-2849



Message From Jon and Curt

Thank you for your interest in the **PATS PEAK SKI CLUB**. The Club has a long history dating back to the 1960's, and to this day continues as a strong parent-run organization. The club hosts athletes aging from approximately 7 to 18 years old.

New Racers to the program should be at an intermediate to expert skiing level who ski with poles, are able to load lifts without assistance, and are able to negotiate most, if not all, ski resort terrain in New Hampshire. If you'd like more information don't hesitate to contact either of us via email through our website (www.patspeakracing.org).



**Curt Goldsberry
President**



**Jon Hanson
Chairman**

Fast Facts

Race Classifications

JVI: up to 7 years old
JV: 8 - 10 years old
JIV: 11 & 12 years old
JIII: 13 & 14 years old
JII: 15 & 16 years old
JI: 17 & 18 years old

NHARA

New Hampshire Alpine
Racing Association
PO Box 1344, Campton, NH
03223
603-726-3307
www.nhalpine.org

U.S. Ski and Snowboard Association

1 Victory Lane
Box 100
Park City, UT 84060
Main Phone:
435.649.9090
www.ussa.org

Pats Peak Ski Club

PO Box 698
Henniker, NH 03242
603-487-2849
www.patspeakracing.org

Chairperson Emeritus

Chuck Cametti
Chairperson
Jon Hanson
President
Curt Goldsberry
Vice President
Morgan Hollis
Treasurer
Doreen Connor
Race Administrator
Carol Fahey
Secretary
Susan Hughes
Program director
Deb Flanders
Head Coach
Jon Routon
Volunteer Coordinator
Sally Turner
Clothing
Dana Estes
Board of Directors
Keith Lafrance
Rick Lehman
Gene Darin



**Program Director
Deb Flanders**

PATS PEAK SKI CLUB!

We would like to welcome all returning and new members to another fun season of ski racing and camaraderie with the **Pats Peak Ski Club**.

With a dedicated group of athletes and parent volunteers, we will continue to offer affordable, high quality race training and to host excellent races at all levels. The mountain management is very supportive of our team, and as a result the training opportunities as well as the snow and grooming are some of the best in the east. Athletes will be training and racing weekends and holidays as well as three evenings midweek. Our coaching staff is dedicated to making the experience educational, rewarding and fun for all levels of

racers. The Alpine Training Center building is the hub of our home activities, where we meet for daily meetings, chalk talks, and video sessions. Team building activities, goal setting sessions, technique and tactics talks, and more supplement the on hill training sessions.

Although our primary focus is on training the 100 plus athletes ranging in ages from 7-18, we encourage parents to be an integral part of the program. As a parent run organization there are plenty of opportunities to help out with races, working with various committees, being involved as a board member, assisting with travel and communications, as well as just being part of a fun, social group of great folks. We look forward to a great season and we would love to have you as part of our club! Please do not hesitate to contact me if you have questions at debflanders@live.com.

SKI TEAM SKI TEAM



How do I become a member of the Pats Peak Ski Team?

Step 1

Fill out the Pats Peak Ski Team Application. If you did not get one in the mail you can download a copy from the web site www.patspeakracing.org, Application is due prior to 12/29/09, sign up pay dues prior to 11/02/09 and save \$50 per racer. Make sure you include two checks with the application. One for dues and one for your race credit prepayment. This value is ½ the race credit burden at \$75.00 per credit. Also please make sure you fill out the medical release form and send it in with the application. Please mail completed applications to Susan Hughes, 3 Ogden Dr, Bow NH 03304

Step 2

Fill out the Pats Peak Season Pass application. You can do this online at www.patspeak.com, stop into the office at Pats Peak or fill out paper application from their site and mail it in. Early sign up discounts exist please check out the Pats Peak application early. Make sure you ask for the group rate for the Ski Team.

Step 3

Fill out the NHARA application. Each racer need to be a member of NHARA in order to participate in races. You can find their application at www.nhalpine.org

Step 4

Fill out the USSA application. Every racer needs to be a member of USSA. Proof of membership is required to register at each competition. Alpine official memberships are required for certain volunteer positions at our races. We encourage parents with an interest in race leadership to sign up. Background checks are required by USSA and this can take up to 6 weeks. Application can be found at www.ussa.org

The **Pats Peak Ski Club** is a not-for-profit organization run by the parents of the racers, in cooperation with Pats Peak Ski Area in Henniker, New Hampshire. The Club has operated for over thirty-six years and has produced numerous college and professional racers and, more importantly, countless positive experiences for the kids and their families.

TRAINING:

The Club provides on snow training each Saturday and Sunday, as well as Christmas and February school vacation periods, from mid December through March. Training is also available mid-week, on Tues, Wed, and Thurs evenings in January and February.

COACHING:

The Ski Club is proud to host a seasoned coaching staff that not only has produced quality athletes, but has helped inspire lifelong friendships and love for the sport. Your athlete will meet with their assigned coach each day at the ATC (Alpine Training Center). We ski from 9:00 until approximately 2:30 each training day.

RACES:

The age group (and race level, for older athletes) your skier competes in (i.e.: JIV, JV) determines where you'll be racing on any given weekend. In general, you can expect your athlete to race in a minimum of 6 races over a ski season. Most races are held in Southern New Hampshire, including Pats Peak. You are responsible for getting your athlete to ski races. A full race schedule will be provided to you in our handbook or is available at www.patspeakracing.org.

QUESTIONS:

Feel free to contact any family member to help guide you through NH Alpine Racing and the Pats Peak Ski Club.

This is the ATC
(Alpine Training Center)
This is where the racers
and coaches hang out
but everyone is
welcome!

